Mere smoke of opinion: Aids and the Making of the Public Mind

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Vice Chancellor, ladies and gentlemen, colleagues I want to talk today of a subject which is controversial, shrouded in passions and emotions that are deeply felt. It is a subject that is relatively new to me, and certainly this is the first occasion on which I have ever spoken publicly. I would ask you then to regard this talk today as the initial explorations of a neophyte. Having said that, let me adopt a phrase from the States and cut to the chase, and offer a tentative but large conclusion which I believe even a lay eye can deduce from the literature: the only truth about Aids is that there is no truth. After a decade or more of billions of dollars and pounds and D-Marks there remain profound questions and an increasingly loud whisper from the margins of the scientific literature that either we did not get it completely right in the early stages of the disease or, even, that we got it completely wrong. In short we have to open ourselves to the possibility that the germ theory of Aids is, as they say in Mississippi, a dog that won't hunt.

Before moving down an uncertain path I want to make a more general point. As a media scholar what I am increasingly keen to explore are the ways in which the mass media come between us and reality, indeed begin to construct interpretations of reality which we then act on and, as it were, make real. There are many ways in which we could explore this. Today I want to offer some thoughts on the way in which we have come to think about Aids. I am interested in the difficult question of whether we have constructed - or had constructed for us - interpretations of this problem, which mire us in ways of seeing it that do more to confuse than clarify and thus are ultimately dysfunctional.

For me the story began about two years ago, late on a Sunday evening at my home in Boulder Colorado. In so far as I had ever thought about Aids it was in the conventional ways of HIV infection, unsafe sex, death, we are all at risk, condo-mania, dramatic TV commercials of crashing headstones and the general sense that sexual excess was a short cut to the cemetery, that any sex excessive or not was likely to have the direst consequences. It was about midnight, the house was quiet, a rather fine glass of Chablis in hand I was doing what I normally do in front of the TV, I was grazing, surfing the channels, we have 50, ever the optimist in search of something decent to watch in this most developed of television cultures. I happened on a discussion programme, hosted by a black journalist Tony Brown. I lingered and what I heard began to fascinate me. The discussion was of Aids and the fact that the HIV hypothesis was, as one of the participants put it, "dead." The discussion was also of iatrogenic medicine in the context of Aids, that the

treatments were more dangerous than the infection, that [the DNA chain-terminator] AZT in particular was a killer.

I also heard something that startled me. In the process of moving to the US I had two Aids tests, one for an insurance policy, the other for the INS as part of my application for permanent residency. The INS test is part of a general inquiry into one's fitness to live within the Republic which also includes answering questions as to whether one is now or has ever been insane, whether one plans to overthrow by force of arms the elected government and whether one plans to profit from the proceeds of prostitution - these questions by the way I also had to answer on behalf of my daughter, who was then 4, though she was not asked to take the Aids test. I well remember the curious feeling of waiting for the results of the tests, that weird rewind of past life. I was nervous, even though there was little reason why I should have been. If the tests came back positive that was it, life was over, family destroyed, the grim reaper hovering there, one more victim of the plague. And we would have been deported. The tests came back negative, great sigh of relief, life could go on.

Given what I now know of the serious problems with the test, I should have been even more relieved, since it is notorious for throwing up false positives. As I sat there on this Sunday evening, I heard that the test was not testing for the virus, it was testing for antibodies to the virus, to test positive was to be told that your body had the antibodies not the virus. Somewhere from the caverns of my memory I seemed to recall from biology classes that the presence of antibodies indicated that the body had fought off infection. As I listened I also heard that some scientists believed that the virus did not cause Aids. My mind raced. If there was any accuracy whatsoever to what I was hearing what on earth had been going on for the previous decade of public discourse about Aids. I had no way of knowing whether the statements, which were clearly heretical, were accurate, sort of accurate or downright wrong. But as I began to ask myself the what if question, another question followed logically: how had the HIV hypothesis come to be so quickly and firmly lodged in the western imagination; why had I never heard these kinds of arguments before; why had I just assumed that what I had heard about Aids was necessarily true. Even to pose that question felt curious, for a moment, because by definition one was problematising something, which had been presented for ten years as totally unproblematic. The only way to find an answer to these questions was to go back to the beginning. It is an exploration, which for me continues.

Towards the end of 1979 Joel Weisman, a Los Angeles physician with a high proportion of gay men as patients noticed an increase in cases of a mononucleosis-like syndrome, marked by hectic fever, weight loss, swollen lymph glands, diarrhea, oral and anal thrush. The patients were all young, gay men. By 1981 five patients were the focus of particular attention by health authorities in Los Angeles. Tests had produced something, which was as disturbing as it was unusual. All five patients had shown a reduction in the population of lymphocytes, due to the almost complete disappearance of the helper T-subgroup cells; and all had Pneumocystis carinii pneumonia (PCP). Pneumocystis carinii is ubiquitous among the human population only causing serious illness when fostered by a defect in the immune system, either in newborns or in adults receiving immunosuppressive drugs. In other words, by all conventional theory these young men should not have been suffering from PCP. The Centers for Disease Control (CDC) in Atlanta made its first official announcement about the problem on June 5, 1981, in its weekly bulletin with the despairing title of *Morbidity and Mortality Weekly Report* (MMWR). The histories of this time tell us something else about these patients, but only as incidental to the more serious issue of the presence of PCP. The five subjects all used poppers on a regular basis (amyl or butyl nitrite inhalants, so named for the noise they make when the ampule is broken, and used among the gay community to amplify orgasm) and one was an IVDU [intravenous drug user]. Of this more later. The CDC report suggested, "the possibility of a cellular-immune dysfunction related to common exposure that predisposes individuals to opportunistic infections such as pneumocystosis and candidiasis", June 5th 1981. The time of Aids had begun.

There was an inevitable and frantic effort to find out what was going on, what the etiology of the problem was and then to determine a way of curing it. There is a lot of history here, which I will have to ignore for the sake of brevity, and in sense, because it is not relevant to my purpose. What is relevant is that on April 24th, 1984, Margaret Heckler, US Secretary of Health and Human Services, stood up before a huge audience of journalists to announce that Dr Robert Gallo and his colleagues at the National Cancer Institute had isolated a new virus, proved that it was the cause of Aids, were putting the finishing touches to a test that would be made available in November, and would have a vaccine ready within two years. The slight problem, later embarrassing to Gallo, who followed Heckler to the podium that day, was it was not they who had isolated the virus, they hadn't demonstrated that the HTLV-III virus "caused" Aids and it was news to them that they were about to launch a test and were well on their way to producing a vaccine. But then this was Ronald Reagan's America, he was up for re-election and was under considerable pressure to do something about this emerging epidemic. The flavour of the moment is captured by Heckler's comments to the throng of journalists: "Today we add another miracle to the long honor roll of American medicine and science. Today's discovery represents the triumph of science over a dreaded disease. Those who have disparaged this scientific search - those who have said we weren't doing enough - have not understood how sound, solid, significant medical research proceeds". What the journalists were hearing, but were in no way able to question, and which they would relate to their readers, viewers and listeners over the coming days, months and years was the orthodoxy of Aids: Aids does not occur in the absence of HIV infection, and HIV infection is a necessary and sufficient condition for causing Aids, because HIV infection destroys a specific type of immune system cell known as the T-helper or the T-4 cell. Because T-helper cells play an important role in promoting a wide range of immunological activities, destroying these cells cripples a broad spectrum of immune functions. The immune impairment leads to Aids within an average of ten to twelve years in 50 to 100% of those infected. The virus is thus deemed to be a necessary and sufficient cause of the destruction of the immune system and, thus, of Aids.

The effect of the press conference was immediate and extraordinarily powerful in determining the parameters of all future debate about Aids. The words "virus" "cause" "Aids" became inseparably linked, utterly unquestioned by all but the most marginal media. To give you a sense of the force of the orthodoxy I'd like to refer to a fascinating piece of work by one of my doctoral students, Denny Wilkins. He had also become interested in the issue of media coverage of Aids (I like to think I played some role in that). He decided to interrogate the MAJPAP file in the Nexus database of 37 newspapers, which includes *The Guardian, The Times, The Sunday Times, The Independent, The FT, The Telegraph*, as well as most major US papers (for some reason the *Sun* and *The Star* are not included). Denny searched for the number of stories in which the phrase "Aids virus" was employed - a phrase which he correctly took as representing the notion of

causality within the Aids thesis. In 1984 there were just 31 mentions of the phrase, but by 1991 it was appearing in more than 3000 stories a year in these 37 papers. By 1993 there had in fact been 20,024 uses of the term. Of countervailing theories there is barely a bat's squeak.

Denny then had a look at how Gallo had fared. He found along side the hundreds of references were attached phrases such as "noted", "superstar", "famed", "vindication", "significant strides", "the one scientific hero", "brilliant, dynamic", "pioneering researcher", "who discovered [or codiscovered] the Aids virus", "Gallo's virus" and so on. What we see here is a clear example of the shaping of public discourse, the construction of a way of seeing Aids that was not open to questioning, either by the media or the "ordinary" citizen. Science and Mrs Heckler had uttered, and we would believe because there were no other ways of constructing a counter-orthodoxy, of seeing in a different manner. The most obvious consequence of the events that followed the Heckler-Gallo announcement was that dollars began to flow, lots of dollars, and sterling, and yen and D-mark. Since the mid-1980's well over \$20 billion has been spent by the federal government in the US on Aids research and treatment. In fact Aids research has become the privileged area of medical scientific research. The CDC considers complications associated with Aids to be the ninth leading cause of death in the US - behind heart disease (approximately 725,000 pa), cancer (about 500,000 pa), strokes (about 145,000), accidents (about 94,000 pa), respiratory disease (about 89,000 pa), pneumonia and influenza (about 79,000 pa), diabetes (about 49,000 pa), and suicide (about 31,000 pa), Aids (about 30,000 pa). Yet the spending on Aids by the US federal government surpasses that for any other cause of death. The allocation for fiscal 1994 was a 30% increase to \$2.5 billion, \$400 million more than on cancer research even though cancer has a mortality rate 16 times greater than Aids. Put another way, in 1990, for each Aids death the US government spent \$53,745, for each cancer death, \$3,241, for each death from heart disease, \$922.

It is perfectly possible to have internally consistent, even clever, debates that begin with a shared premise, and to continue to do so if that premise is never questioned, never problematised. If, however, the initial premise is flawed, misplaced, erroneous or downright crazy all the subsequent sophisticated discourse in the world will not negate the flaw, the misplacement, the error or the craziness. So the case for the extent of the focus on Aids, particularly in terms of the monies being spent, depends totally on the credibility of the initial premise. If that is incorrect, then everything else has been at best misguided, at worst a distracting waste of time. And yet from the very beginning of the crisis, in fact really before most people knew there was a crisis, there has been a counter-discourse that comes in various forms but which basically argues that the HIV hypothesis that has prevailed for more than a decade is severely flawed, perhaps even downright wrong. Let me try and capture something of the arguments.

There are three very basic reasons put forward by some scientists for doubting the official theory that HIV causes Aids.

1) After billions of dollars HIV researchers are still unable to explain how HIV a conventional retrovirus with a very simple genetic organization damages the immune system.

2) In the absence of any model of how HIV "causes" Aids, the evidence that is introduced to support the thesis is epidemiological and therefore fundamentally correlational. The epidemiological evidence is both the strength and weakness of the thesis. On the one hand there

is a marked presence of HIV in those with the condition, which has been defined as Aids. On the other hand we can map that epidemiology and when we do we discover that it was and remains overwhelmingly within highly specific risk groups. Notwithstanding this the relationship remains correlational and therefore necessarily suggestive of a possible process rather than proof of the existence of a causal mechanism. The correlation between infectivity and "Aids" while high is also far from perfect. There are numerous cases of people with Aids, who have all the symptoms, but no HIV; and of those with HIV and no symptoms. These data leave the HIV hypothesis failing the first of Koch's postulates, which have traditionally provided the basis for virological definition, and which require the presence of a virus in every instance of a pathology. According to this critique the HIV thesis also violates Koch's second and third postulates, because the virus cannot be isolated in from 20 to 50% of Aids cases, and because pure HIV, when introduced, has not induced Aids in other species.

3) Predictions made about the likely course of the "epidemic" have failed spectacularly. The media were particularly important in stating the likely extent to which the problem would spread in the general population. In the middle 1980's the talk show host, Oprah Winfrey, told her audience that 20% of all heterosexuals would be "dead of Aids" by 1990. Gene Antonio in his book The Aids Cover Up (which sold 300,000 copies) claimed that by 1990 there would be 64 million infected with HIV in the US. The television programme and video tape, Aids: the World is Dying For the Truth, in 1988, began with the words: "In the course of human history never before has a force either natural or man made had a more devastating impact on the human race than a small virus, HIV". The script then quotes WHO figures of 100 million dead by the end of the century, and states that the Aids epidemic "poses a threat to mankind unparalleled in recorded history". Figures are quoted that in May 1988 there were 1.5 million HIV+ cases in the US, that by 1995 there would be 11,250,000 suffering from "full blown" Aids, and 52,500,000 infected but asymptomatic, and by 2008, 1.8 billion infected. (One scientist giving "evidence" before Congress said that she projected 5 billion infections, but that it could go as high as 10 billion. The fact that this was twice the population of the planet did not seem to phase her). William Connor, of the HIVE Foundation referred to a threat that "exists on a species level - a species conflict is occurring", put another way, its us or the bug. To some observers, such as Kary Mullis, the 1993 Nobel Prize winner in chemistry for his invention of the polymerase chain reaction technique, for detecting DNA, which is used to search for fragments of HIV DNA or RNA in Aids patients, the predictions failed spectacularly, Aids has not exploded into the general heterosexual population and remains almost entirely confined to the original risk groups, gay men and persistent drug users.

Mullis, along with co-authors Charles Thomas and Philip Johnson, in an article published in June, 1994, argues that the explanations for how the virus destroys the immune system are moving away from the monocausalism of the HIV thesis to a recognition that the etiology may be multifactorial, including mycoplasmas, other viruses, drugs and stress. They add: "But researchers have not been able to confirm experimentally any of the increasingly exotic causal mechanisms that are being proposed, and they do not agree, which of the competing explanations is more plausible... The theory is getting ever more complicated, without getting any nearer to a solution. This is a classic sign of a deteriorating scientific paradigm. But as HIV scientists grow ever more confused about how the virus is supposed to be causing Aids, their refusal to consider the possibility that it (HIV) may not be the cause is as rigid as ever. On the rare occasions when they answer questions on the subject they explain that 'unassailable

epidemiological evidence' has established HIV as the cause of Aids. In short they rely on correlation". But that correlation is in effect a construction of language since in the CDC's definition is that HIV plus indicator disease (there are now thirty) equals Aids. In other words, the correlation is an artifact of the theory itself. I might add here that this line of argument received powerful support from what might be regarded as a surprising source, Dr. Luc Montagnier of the Pasteur Institute and the person who did, in 1983, isolate the virus. He has now concluded that HIV alone cannot explain Aids, and that the orthodoxy supporting that theory "has created a self-preserving scientific-industrial complex as perverse as the old military-industrial complex".

The earliest and most persistently radical critic of Aids has been Peter Duesberg, Professor of Molecular and Cell Biology at the University of California at Berkeley. It was Duesberg who launched the first serious, sustained scientific critique of the HIV thesis in a lengthy article in Cancer Research in March 1987. His persistence in criticizing the thesis, for which he has paid a high personal price, is reflected in the fact that in December 1994 the journal *Science* ran a 'special news report' called, "The Duesberg Phenomenon", a reasonably comprehensive assessment of his arguments, which has prompted an extensive subsequent correspondence. His argument, if I can try and state it briefly, is this: retroviruses, of which HIV is one, are simple structures and do not kill cells. There is no scientific evidence, despite years of research, that retroviruses cause any disease in humans, let alone a syndrome that has killed thousands. He adds that fewer than one in 10k - 100K T-cells are infected at any one time. Even if every infected cell were killed, the number of T-cells lost would be relatively trivial. He has concluded, "HIV is a harmless virus. Aids may be a non-infectious condition 'acquired' by recreational drugs and other non-contagious risk factors" including the toxic effects of anti-HIV treatments, most notably AZT. It is this latter point which has proven to be the most sensitive, since it in effect argues that in most cases "Aids" is a condition which is self-inflicted and then exacerbated by the misplaced efforts of medical science to treat a problem, which it either does not or will not understand. This is not a popular view in some circles.

However, the review of Duesberg's work in *Science*, and the subsequent correspondence, is fascinating both because while there are serious challenges to Duesberg's arguments, here at the end of a decade of the dominant thesis of HIV induced Aids, there is no conclusive case to be made against Duesberg, and also because of the amount of support he gets from other scientists, who also see something of a decaying paradigm. Decaying or not, the paradigm remains a powerful component of the collective imagination and an overwhelming determinant of the ways in research funds are spent and public policy made. The strength of the paradigm, I would want to suggest, depends not on any definitive scientific merits of the case, but rather upon a collusion of institutional and cultural forces, for which the media became the, partly, unwitting conduit.

The overwhelming character of the media coverage was essentially that HIV infection was in fact a death warrant. But even in the very early stages of the crisis other voices could have been heard, but were in effect totally marginalised when they were not being ignored. From the very beginning the argument had been made that perhaps the virus did not stand alone, if it stood at all, as the source of Aids. In the early 1980's there were published studies of gay men with Aids, who were known to be the principal risk population, indicating that they had something in common other than sexual orientation: they were extensive drug users. Between Sept. 1981 and Oct. 1982 Harry Haverkos of the CDC studied drug use of a sample of gay men. His report "Disease manifestation among homosexual men with Acquired Immundeficiency Syndrome: a possible role in Kaposi's sarcoma" concluded that drugs were a factor. The CDC refused to release the report. In December 1981 David Durack in a lead editorial in the *New England Journal of Medicine* asked the interesting question, then and now, of why Aids is apparently new when viruses and homosexual behaviour are as old as history: "Some new factor may have distorted the host-parasite relation. So-called 'recreational' drugs are one possibility. They are widely used in the large cities where most of these cases have occurred, and the only patients in the series reported in this issue, who were not homosexual were drug users. Perhaps one or more of these recreational drugs is an immunosuppressive agent. The leading candidates are the nitrites, which are now commonly inhaled to intensify orgasm... Let us postulate that the combined effects of persistent viral infection plus an adjuvant drug cause immuno-suppression in some genetically predisposed men". Remember that this was a lead editorial in one of the world's leading medical scientific journals in 1981.

The media, in so far as they were aware of these arguments, apparently found it nigh on impossible to deal with them. Instead, and partly at government behest they adopted a somewhat paradoxical position. On the one hand playing off homophobia and moralising and suggesting that this was a gay plague. On the other pursuing the line that dominated the education campaigns that we are all at risk. Posters on billboards urged people not to "die of ignorance". Every household was leafleted with the message "anyone can get it, man or woman". Posters declaimed: "Aids is not prejudiced: It can kill anyone", "The longer you believe Aids only infect others - The faster it will spread", "Aids - Don't Die of Ignorance". The popular press, as ever committed to demonstrating the integrity of the fourth estate, took a somewhat different tack in these crucial years following Heckler's announcement: "Revenge menace from young male prostitutes", "Infected men deliberately continuing to take on lovers without mentioning they have Aids", "The deadly revenge of Aids victim who went on a sex spree", "Prostitutes spread it like wild fire". And so on. One analysis in 1987 described the coverage as "sensationalist, reactionary, depressing and criminally negligent". A more recent analysis by Deborah Lupton in a book published last year concluded: "Aids reporting in western nations has invoked imagery associated with homophobia, fear, violence, contamination, invasions, vilification, racism, sexism, deviance, heroicism and xenophobia." From a somewhat less politically defined perspective what we can see in the coverage of Aids is the highly problematic nature of news, its constructed but limited character. In short, the news about Aids was flagrantly wrong in fact and interpretation, but hugely successful in constructing a prevailing understanding, locking into modern consciousness the belief that here was one more bug to threaten us all.

We have some distance now from those days. We can see more clearly the character of the moment, its fears and loathings, its jarred psychology, its neuroses. What we can also see in the public discourse and in its refraction in the chatter of private lives, is the idea of innocence and vulnerability, a victimology amplified by a larger collective ignorance. There is a profound sense of the innocent, the non-infected, once more open to malignant forces over which they had little or no control within their own lives, once again victims of plague. In a sense we can see examples of this today.

On *The New York Times* non-fiction bestseller list (at the time of writing, Jan 1995) is Richard Preston's *The Hot Zone*, as its cover suggests "a terrifying true story". The story is about the Ebola virus, a particularly nasty organism with a kill ratio of about 9:10, if you get it you have a

90% chance of dying a particularly gruesome death. Of concern to the author is that the virus, which originates in equatorial Africa, turned up in 1989 in some monkeys in a research laboratory in Reston, Virginia, that is within coughing distance of the White House. The narrative is structured around a military operation to prevent the virus leaving the lab and entering the civilian population. It is a riveting story, but as I read it the thought that kept occurring was how overwrought the writing was, no grotesque metaphor too overblown to be avoided, a mood creating writing which oozes the idea of the depths of the threat from this creature that has crashed out of its jungle home. In the final pages the book recounts a visit Preston made to the now deserted building which had housed the monkeys in which the virus "cooked". His final words are: "Ebola had risen in these rooms, flashed its colors, fed, and subsided into the forest. It will be back". I couldn't help but conjure up an image of the virus checking in a Kennedy International for a return flight to Zaire, down but not out, waiting for the return match.

At almost exactly the moment that *The Hot Zone* was being published Britain had its own brush with the bug from Hell. Do you recall the name Streptococcus A bacterium, which can cause the disease known as necrotising fasciitis. If they don't ring a bell then perhaps you will recall the headline in May in the Daily Star, "Killer Bug Ate My Face", or The Sun "Flesh Bug Ate My Brother in 18 Hours", or The Daily Mirror "Flesh Eating Bug Killed My Mother in 20 Minutes". The Star was particularly subtle in its headline, "It starts with a sore throat but you can die within 24 hours". The fact that there was nothing new in this bacterium, that while gruesome in its effect it killed tiny numbers of people each year (between January and May 11 people had died of NF in England and Wales), particularly when compared to other bacterial infections such as TB and pneumonia, and that the chances of being infected were infinitesimal, mattered less than it satisfied a certain kind of news value that is ignorant, but loves to wallow in gore, and that readily has the ear of a public which is fascinated by the bizarre, the gruesome, the violent, the inhuman, the fearful. Here was a classic example of bad journalism, causing a public panic, driven by the debased standards of the profession and a profound scientific illiteracy. From a journalistic standard the "bug" had star quality that was difficult to ignore and that would guarantee that it had its fifteen minutes of fame. The director of the Public Health Laboratory was forced to declare that 'there is no killer bug sweeping the country", a statement that could only have been made, if people thought there was a new virulent epidemic that put all at risk.

The point of these analogies is to suggest that to an inordinate extent of what drives the coverage of a problem such as Aids, are debased news values, a debasement in the expectations and desires of the audience and an extraordinary level of scientific illiteracy on the part of the profession of journalism. The complex becomes the simple, the imagined, the real.

It would, however, be wrong to see the problem of the coverage as only a function of flaws within the profession. What is buried inside the coverage of Aids are two key fragments of our consciousness, the idea of plague I have already spoken of, but there is also the idea of cure, the fear of forces beyond our control alongside the rational optimism, which sees in the triumph of science our ability to cure even the most brutal of illnesses. Indeed so profound is our belief in the cures of science, the new secular theology of the 20th century with its priesthood of scientists, that we construct any problem, grievance, pain, fear in conceptual terms that not only allow us to seek the cure, but demand that we do so. And nesting at the heart of this web of moods and desires was that increasingly powerful part of the global economy, and certainly of the cultures of the Aids societies, the "medical industrial complex", a term coined not by any left radical, but by

the former editor of the *New England Journal of Medicine*. The complex has within its gift, as it constantly reminds us, the power to offer hope. But before there can be hope, there must be hopelessness and the consequence of the coverage by the media of the Aids crisis was precisely to create that feeling.

Mediated language is always inscribed with history, with basic, often hidden, assumptions that lurk unquestioned but constrain our ways of seeing just as surely as a potter's hand shapes clay. One of the central functions of journalism is to provide a passage to the surface for manifestations of those assumptions. But since journalism in relation to science is a dependent culture, it inevitably provides a conduit for the assumptions of what has been referred to us by the medicalindustrial complex. Those assumptions constitute a mythos about medical science, central to which is the idea of "the cure". "Aids" has been conceptualized within that mythos.

In October 1970 Dr. Edward H. Kass, professor of medicine at Harvard Medical School, delivered the presidential address to the Infectious Disease Society of America. He spoke of how they all recognized the vital importance of continuing federal support for their work. He then lobbed a conceptual grenade into their midst: "There is nothing basically wrong with the charming scenario of the white coated medical scientist distributing good works like free beer at a political picnic." There was nothing wrong with this scenario except that it was wrong in its most basic assumptions. Kass told them that it was <u>not</u> medical research that had stamped out tuberculosis, diphtheria, pneumonia and puerperal sepsis. The main credit went to public health programmes, sanitation and general improvements in the standard of living brought about by industrialization. All the data showed that mortality rates from infectious disease were in steady decline since the middle of the 19th century, that is <u>before</u> medicine had become scientific and interventionist.

Out of the 19th century, as infectious diseases receded, came the scientific notion that disease was caused by specific organisms, microbes, which would therefore necessitate specific treatment: the germ theory of disease was born. Scientists such as Pasteur took on mythic status. The fact that it was changing conditions of life which were having the really major impact on disease slipped into the background as, Kass told his audience, "science received the credit", thus constructing a false understanding of the past and establishing false hopes for the future. When Pasteur became "Pasteur", mythologized and lionized, at the end of the 19th century the "idea became planted in the minds of physicians, scientists and the public alike that the science of medicine, epitomized by the new field of bacteriology, was doing what the science of chemistry and physics had done before: improving the lives of real people. The great benefits that came from improved sanitation and nutrition were assumed to be the fruits of the programme promised by science." Here was being etched in rock the very basic assumption, which we all share to a greater or lesser extent and which inevitably informs mediated discourse, that the modern physician will make all parts of our lives free from the suffering that was the lot of our ancestors. As Edward Golub points out in his marvelous book The Limits of Medicine with regard to Aids, the "cadre of scientists who became media figures had a message that everyone wanted to hear: Given the money, science will deliver the cure."

What I am suggesting is that there is a very significantly developed tendency of the modern mind to think in terms of the specificity of illness and to reconstitute the essence of a problem to match that expectation. What I am also suggesting, and where I part company from other critical

interpretations of media coverage of Aids, is that we have to allow for the possibility that the issue is not whether the media coverage was internally "good" or "bad", but that the real problematic of Aids was not, could not be addressed. In fact what links the vast bulk of both scientific and social scientific discourse about Aids is that the basic thesis, the germ theory of Aids, is assumed to be totally unproblematic. It is so because our ways of seeing illness and health and medical science make it difficult for it to be any other way, journalists included.

There are other obvious and important reasons why the germ theory of Aids came to be lodged with such force within scientific and lay discourse. The first and most obvious is that huge amounts of money are tied up within a political economy of Aids. Companies such as Burrough's Wellcome literally need to sustain an orthodoxy, which, for example, allows them to peddle AZT. In the day that it became clear that Burrough was going to receive permission from the FDA [the US Food and Drug Administration] to market AZT (retrovir) its stock value increased 13%. The pharmaceutical industry, it needs hardly be said, is a major source of funding for scientific research, conferences and symposia.

Another reason why the germ theory of Aids has proven to be so resilient and ideologically unchallengeable is that science always works by constructing paradigms that it then jealously guards.

Look for example at the opprobrium heaped on Duesberg, and in this country on the person who decided to give his views space in the British media, Andrew Neil. Now I can understand objections to their positions, to those who would say that they are wrong, that there is compelling evidence that the virus is the problem, that their interpretation of the countervailing evidence is erroneous. What is more difficult to deal with is the tone and the sheer venom of the assault. This was particularly true for the manner in which Duesberg's voice was systematically excluded from those publications, where he might properly explain his views. The role of John Maddox at *Nature* is especially troublesome here. What we see within the orthodoxy of Aids is something akin more to an act of faith, a theology in an age when intolerant fundamentalism is rampant, where to question is to be heretical, and where to be heretical is to be banished. The great sin that Duesberg committed, and that Neil published, was to challenge the priesthood of that secular religion, to imply that in science did not always lie the panacea to all ills, that the roots of Aids might be human and general and that thus so should the solutions lie within ourselves rather than in the magic bullet fix of science.

The level of hostility, particularly from within the American research academy, did not surprise me. The academic research sector is an incredibly bitchy place, jealousies are rife, psychologies deeply insecure and fragile, careerism rampant. In a review of Crick and Watson's account of their work on DNA, Marie Jahoda writes: "there is passionate commitment to driving forward their breath taking discoveries; but there is (also) ambition, jealousy, lack of foresight, moral ambiguity and arrogance in these scientists."

During his trial Galileo wrote to the Grand Duchess Christina in a way, which is curiously resonant today: "Some years ago I discovered in the heavens many things that had not been seen before our own age. The novelty of these things, as well as some consequences which followed from them in contradiction to the physical notions commonly held among academic philosophers, stirred up against me no small number of professors - as if I had placed these things in the sky

with my own hands in order to upset nature and overturn the sciences. Showing a greater fondness for their own opinions than for truth, they sought to deny and disprove the new things which, if they had cared to look for themselves, their own senses would have demonstrated to them."

Defending turf is nothing new. If we return to history we see numerous moments, which are remarkably similar to the contentiousness, which now surrounds Aids, and in particular the denunciation of anyone who might even question the prevailing orthodoxy. What one discovers is that rejection of the unorthodox not only has been known to happen, but is almost a paradigmatic way for science to function. Let me cite one or two examples.

When in the middle of the 19th century Pasteur was asked to resolve a problem in the fermentation process in a Lille sugar-beet distillery, he proposed a biological explanation. But Pasteur was a chemist and his explanation was deemed unthinkable and ridiculous by other chemists from within the orthodoxy of the time only chemicals, not organisms, could cause chemical reactions and therefore Pasteur couldn't possibly be correct.

Through most of the 19th century cholera was supposed to have been caused by miasmas. When in 1854 John Snow suggested that polluted drinking water was the source, he was rapidly slapped down by the leading authorities of the day such as the German Max von Pettenkofer. What Pettenkofer and his disciples had, which Snow didn't, was control of the two major journals in which hygiene research was published and thus the terms of the scientific debate. Edward Jenner's original report to the Royal Society on his development of a smallpox vaccine was rejected on the grounds that to publish it would injure his reputation. In the 19th century one of the appalling aspects of childbirth was the level of mortality of mothers from puerperal or childbed fever. Quite independently two scientists suggested an explanation that did not sit at all well with their colleagues. In 1843 a young Bostonian doctor, Oliver Wendell Holmes, read a paper before the Boston Society for Medical Improvement. In this he argued that doctors and midwives attending women in labour were themselves the carriers and the source not of new life but of death. The doctors of Boston objected, but Holmes was not impressed and declared "when facts are numerous, and unquestionable, and unequivocal in their significance, theory must follow them as best it may, keeping time with their step; and not go before them, marching to the sound of its own drum and trumpets" (ibid, 8). Four years later Ignaz Semmelweis in Vienna made the same claim. The medical communities in Boston and Vienna treated these claims with enormous hostility, but where Holmes survived Semmelweis was hounded out of the medical profession and died in a mental asylum.

In the 1920's Pellagra was ravaging black Americans in the South. It was assumed that the problem was an infectious disease, and a bacterium was even isolated. However, Dr. Joseph Goldberger, who noticed that the problem was highly defined in terms of its human geography, discovered that the cause was a deficiency in vitamin B. It took him twenty years to convince the medical scientific community that he was right. The original villain in an outbreak of birth deformities [in Europe in the 1950s and early 1960's] was assumed to be a virus until the effects of Thalidomide were pinpointed.

There are, we all know, many such examples from history. My point is that the habit of protecting the paradigm is - for noble and nefarious reasons - intrinsic to any knowledge

profession, then and now, but that the brilliance of the knowledge, rather like car headlights, can blind as efficiently as it can illuminate.

There are finally two other themes that need to be explored. The mediated articulation of the health risks of HIV infection came to depend not upon relative perceived risks of certain behavioral pathologies, but upon the political necessity to argue that all sexual activity is destructive so that no one particular activity might be "accused" of being particularly dangerous or at risk lest such arguments sound moralising. It was vitally important to the emergent gay leadership, in the early 1980's, that the "epidemic" not be overly associated with the gay community. The fact that a virus was being blamed suited them fine since viruses are nothing if not democratic. The journalist Randy Shifts [from San Francisco] observed just before he died of Aids: "The (gay) Aids groups were successful in their propaganda effort, saying every heterosexual was about to get Aids. But they weren't." Here was ideological chaff to confuse the radar of social discourse about a serious issue. And it worked. The countervailing theses, which touched on life-style were off the agenda.

My final thought that I have begun to explore is, in part, personal. One of the tragedies of Aids, whatever the pathologies involved, is that it is, disproportionately a young man's fate. To question how they died is almost to dishonour them, a kind of post-mortem defilement. That is not my intention. A few miles from here is Moston Cemetery. My father is buried there. I was 4-year old, he was thirty one when he died, burnt to death in a crashed plane of the RAF. He didn't want to be in the RAF, but it was 1952, he was working class, the prospects outside weren't great. He chose to stay in the service, he died and I never knew him. I have no memory, no picture gallery of the mind to occasionally roam through. He was too young to die and I was too young to have been deprived of his presence. Never a day has passed, nary a moment when I don't think of him. I miss him desperately, and I'm old enough now to understand, and more importantly to acknowledge that his loss impacted, scarred, my whole life. It was unfair, just as the life that has been lost. The sense of pain felt by the loss of young men to Aids seems also unfair. Such loss is unfair, and we lash out against it because it offends against a core thesis of our world, that death is not for the young. We lash out and we seek the balm of explanation and solution, even if we have to imagine them. But the role of the scholar, like that of the journalist, is not to apply balm or to go with the grain of received wisdom, but to seek plausible explanations, to dare to try to glimpse truth, no matter how uncomfortable that might be for others.

I finally have no sense of what the truth is about Aids, though I do have a strong sense that the debate must go back to basics and open itself up to other ways of thinking about the problem. But as I set out to write my book on this late century event, I do so I hope with a spirit well captured in a line from Bertolt Brecht's Life of Galileo: "My object is not to establish that I *was* right but to find out *if I am*." Thank you for your patience in listening to me and for the honour of allowing me to become a colleague here at the new University of Salford.

End.

*Professor Michael Tracey, an internationally recognized researcher and scholar, came to Colorado University at Boulder CO in 1988 from England, where he was head of the Broadcasting Research Unit in London, Britain's leading think tank dealing with media issues. He has served as special adviser to the BBC's Community Programmes Unit, consultant to a variety of organizations and honorary visiting research fellow at the University of Bradford. From 1994 to 1999 he was Visiting Professor and Chair of International Communications at the University of Salford in England. From 1991 to 1998 he was a Trustee of the International Institute of Communications. His fellow Trustees included CEOs from some of the world's largest broadcasting and telecommunications companies. Tracey earned a BA with honors in Politics from the University of Exeter and a PhD from the University of Leicester, where he also served as research fellow and taught at the graduate level. He has published extensively in eight books, academic journals, conference papers and popular media. He has also given countless talks and lectures in many countries on the politics, organization and economics of public service broadcasting. Since 1998 he has become a documentary film maker, including producing three documentaries about the Jon Benet Ramsey murder case. He is currently researching and writing two books dealing with aspects of what he terms "the injustice of the American justice system."

On September 21, 2004, Tracey wrote in response to Duesberg's request for permission to include the Salford lecture in his web site:" Hi, a copy is attached. Do please feel free to use it in whatever way will help. Best wishes, mt".